

Rocky Run Ahead

Attention skiers and other outdoor enthusiasts - Rocky Run Ahead! Yeah, yeah, yeah, we're not really talking about a mountain here - we're talking about the restaurant in Columbia, MD - the one with all the good Canadian microbrews and hot sauces from around the world!

We had such a great time at our January Social Hour that we'll be back for more on February 11th at 7:15 PM.

In January, we had many new members come out and join us for some food, drinks, and to see what the MOC is all about. We look forward to seeing everyone again and even more members next time. Encourage your friends and family members to come out with you!

Come between 7:15 and 9:45 and hang out for however much time you'd like - we're pretty informal. We just ask that you pay for what you order.

To learn more about our monthly

Social Hour event or Rocky Run, check out our web site:
www.marylandoutdoorclub.org/events

In addition to Social Hour in January, we also held another event:

Games, Grub, and Good Times!

Organized by Mark Zawodny

On Friday, January 24th, we had a quaint group for our first event at Dave & Buster's in Bethesda (White Flint Mall). The women competed against the men on several of the games in the Midway, after we conversed by the front bar and enjoyed drinks & appetizers. With the connection of one of our members, we are thinking about putting together a similar event at Jillian's in Hanover, MD in the future. Stay tuned!

Remember, if you miss an event, you can always read about it later in our online event archive. There you'll find silly information, random photos, and attendance lists!

www.marylandoutdoorclub.org

-Amy Pickwick

News You Can Use

Go to February's Movie Night FREE

Out of all of the sign ups that we have for February's Tuesday Night Movies event, come 5 PM on Tue, Feb 11, one winner will be randomly selected out of a drawing at our February Social Hour to attend this event for free. If that person has already paid for the event, they will receive a refund. The winner must be present the night of the event, but not the night of Social Hour, to claim their prize. Should the winner not show up the night of this event, the ticket will be given away in a similar fashion for our March TNM event. Good luck!!!

www.marylandoutdoorclub.org

More Upcoming Events Announced

We've got Wine Tastings, Hikes, Movies, Social Hour and lots more in store for you in the next year and beyond! Here are some of the coolest events we have planned for the future (both near and far):

Annapolis Walking Tour

Sat, May 10, 2003

We'll accompany a professional guide as we walk through historic Annapolis and the US Naval Academy. After the tour, we'll be heading to Galway Bay (tentative selection) for a group lunch. Your lunch is included in the event fee.

Chesapeake Bay Day-Long Cruise

Sat, Jun 21, 2003

This event is a day-long cruise on the Chesapeake Bay. We start and finish at the Annapolis City Dock, but we break for lunch at quaint, historic St. Michaels. Admission to the Chesapeake Bay Maritime Museum is included in the event fee. We remain docked at St. Michaels for about 2.5 to 3 hours where you can enjoy lunch, historic sightseeing, and boutique shopping within walking distance.

Whitewater Tubing

Sun, Aug 17, 2003

This self-guided whitewater adventure is going to be a trip to remember. Let the water take you down its path as you pass through the historic town of Harpers Ferry, WV. You'll be experiencing anywhere from class I to III rapids in your tube.

7 Day/6 Night Canadian Rockies Adventure

Wed-Tue, Jul 7-13, 2004

Learn more about this event and others at:

www.marylandoutdoorclub.org/events

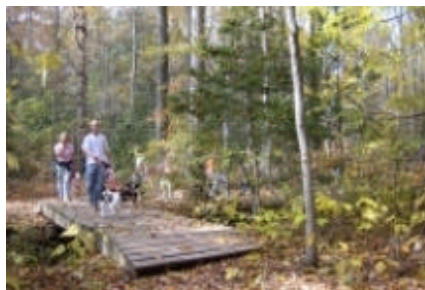


January 14th Social Hour at Rocky Run Tap & Grill in Columbia, MD. Left to Right: New Members, Hot Sauces, and Amy Pickwick. Photos: Mark Zawodny

Upcoming Events

Sun, Feb 2 @ 10 AM

Easy Loop Day Hike
Cedarville State Forest
Waldorf, MD



Tue, Feb 11 @ 7:15 PM

Social Hour
Rocky Run Tap & Grill
Columbia, MD



Tue, Feb 25 @ 8 PM

Tuesday Night Movies
Muvico, Arundel Mills Mall
Hanover, MD

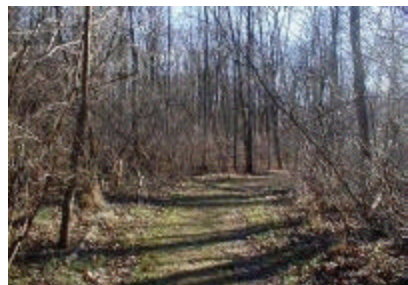
Sun, Mar 2 @ 4 PM

Wine Tasting
Residential Location TBA
College Park, MD



Sun, Mar 23 @ 1:30 PM

Easy Loop Day Hike
Little Bennett Regional Park
Clarksburg, MD



For more info on upcoming events, please visit the "Events" tab on our web site.

MOC Monthly Explorer + 2

Mountaintop Power

HAGERSTOWN (AP) - A state Public Service Commission hearing examiner has recommended approval of Maryland's first wind-power electricity project.

The proposal by U.S. Wind Force LLC of Baden, PA, would place as many as 25 large windmills atop Big Savage Mountain in Allegany County to generate electricity. Final approval will be granted March 7 unless someone files an appeal.

Hearing Examiner Allen Freifeld's recommendation comes after a deal negotiated last month by the company, the state Department of Natural Resources and naturalists to prevent significant bird deaths from the three-bladed turbines 500 feet above the ground.

The agreement includes a \$20,000 contribution by U.S. Wind Force toward a bird migration study at the site after the project is built. It also requires a partial shutdown of the turbines if 100 birds or bats are killed in a 24-hour period.

The project would produce up to 40 megawatts of electricity.

Organize an Event

It's simple, fun to do, and gives you great leadership experience that you can use on your resume.

There is a step-by-step guide to help members pull off a successful and safe event in the Member's Area of the web site. Reach this page by logging into the Member's Area from any page on the MOC web site, then continuing to the "Organizer Info" link on the left.

If it sounds like something for you, please let us know.

events@marylandoutdoorclub.org

Looking for Love in MD?

February is the month for being in or finding love. Are you currently available and looking? Do you sometimes feel like all the men/women you are interested in are unavailable?

Look no further. Here are some fun and relatively effortless ways to meet people in and around Maryland:

dinnerat8.com

Provides busy professionals in the Washington DC and Baltimore metropolitan areas with the opportunity to make new professional and social contacts in a relaxed, safe atmosphere. You can feel comfortable knowing that you are there with 7 other people in your shoes and the date isn't as awkward as a one-to-one blind date.

itsjustlunch.com

It's Just Lunch! is a specialized dating service for busy professionals. They minimize stress and maximize efficiency by sending people on lunch dates.

match.com

A site that is bringing people together all across the U.S., welcomes all single adults seeking one-to-one relationships ranging from companionship to friendship, romance to marriage. Offering membership for as low as \$13 a month, a lot of the profiles you'll come across include photos.

Need a digital photo to share with those you are meeting online?

Come to the MOC February Social Hour event and ask Amy Pickwick to take a photo or two of you. Your photos will be e-mailed to you later and WILL NOT be shared with the club members, posted to our web site, or placed in the Monthly Explorer.



February 2003

February Birthdays!

Some of our members are turning another year older! The MOC wishes them all a happy and safe birthday!

2/4 David Sachdev
2/10 Melissa Rubin
2/15 Maureen Cribb
2/19 Marjorie Lewis
2/19 Anthony Tubiolo
2/21 Young Kim
2/22 Vicky Zawodny
2/23 Giovanni Bellisario
2/23 Doug Kelley
2/24 Ayhan Tutkun
2/25 Junaid Ikram
2/26 Ray Harrington
2/26 Stasia Broadwater
2/28 Kevin Kacin

Happy Valentine's Day!

Best romantic restaurants in Balt:

- Charleston, Fells Point
- The Brass Elephant, Downtown
- The Oregon Grille, Cockeysville
- Tersiquel's, Ellicott City
- Brighton's, Inner Harbor
- Hamilton's, Fells Point
- Milton Inn, Sparks Glencoe
- Jeannier's, Guilford
- The Candle Light Inn, Catonsville
- Hampton's, Inner Harbor

Best romantic restaurants in DC:

- Two Quail, Capitol Hill
- Le Vieux Logis, Bethesda
- Tabard Inn, Dupont
- Le Relais Restaurant, Great Falls
- Inn at Little Washington, Washington
- Iron Gate Inn Restaurant, Dupont
- Cashion's Eat Place, Adams Morgan
- Eiffel Tower Cafe, Lessburg
- Citronelle, Georgetown
- L'Auberger Chez Francois, Great Falls

Tip of the Month

Ever come down a steep rocky descent when hiking or backpacking only to find that you've got sore knees? One of the best ways to solve the problem, experts say, is to bring along two hiking sticks. They tend to work better than knee braces and offer support for both of your knees. (It is recommended that you get two).

Telescoping hiking sticks with little springs in them take an enormous amount of pressure off your knees. When you take a big step down from a rock to the ground, you can plant the sticks and lean on them.

Also, it is advised that you purchase telescoping sticks, although slightly more expensive. If you get into a situation where you need to use your hands on tough terrain, you can fold them up and attach them to your pack with bungee cords or straps.

Pairs at REI run between \$60-\$130.

Monthly Statistics

As of February 1st:

183 - Total Members To Date
28 - January New Members
57% - Female Members
43% - Male Members
31.9 - Average Member Age

Ads & Classifieds

Advertise in the Monthly Explorer
Does your business want to advertise in the Monthly Explorer? Reach hundreds of potential customers each month with a free ad - in exchange for bartered items/goods. Contact us for details.

explorer@marylandoutdoorclub.org

Place a Monthly Explorer Classified

Classifieds can only be placed by MOC members. With classified space you can sell single item goods (depreciated merchandise) or place notices. Classifieds are \$5.00 per 25 words or less. The MOC has the right to refuse or edit any classified. Send your classified, and amount due to Maryland Outdoor Club, ATTN: Monthly Explorer Publication, P.O. Box 854, College Park, MD 20741.

Deadline: the 15th of each month for the following month's issue.

Monthly Explorer

Submit reviews of events, articles, tips, etc. to the Newsletter Editor 30 days in advance of the next issue release (1st of each month). We'll review your work, and ad it to the newsletter if we feel it appropriate. You'll be given credit for the work although it becomes property of the club.

Write for the Monthly Explorer on an ongoing basis. Contact us for details.
explorer@marylandoutdoorclub.org

Get the Monthly Explorer Delivered

The MOC hands out a limited number of Monthly Explorer publications at our monthly Social Hour events, as well as posts an electronic copy to our web site. However, if you prefer to receive our publication by mail, please fill out the following form, cut it out, and return it to Maryland Outdoor Club, ATTN: Monthly Explorer Publication, P.O. Box 854, College Park, MD 20741 with \$6.00 (Payable to Mark Zawodny) to cover S&H for a year.

Name: _____
Address: _____
City/State/Zip: _____
Phone: _____

Please
Place
Postage
Here



P.O. Box 854, College Park, MD 20741

Officers

Amy Pickwick

Founder & President

apickwick@marylandoutdoorclub.org

Mark Zawodny

Treasurer & Co-Founder

mzawodny@marylandoutdoorclub.org

Positions Open:

Vice President

Event Coordinator

Social Coordinator

Advertising & Promotions Coordinator

Safety & Equipment Rental Coordinator

Legal Coordinator

Preservation Coordinator

Newsletter Editor

Interested in a position? Please contact Amy by e-mail or come to Social Hour and talk with Amy directly. The duties are defined and we can show you what responsibilities you'll take on by becoming an officer. It's fun and is great on your resume!

Join the MOC

The Maryland Outdoor Club conducts all administrative tasks through our web site to cut down on processing time & costs. If you are interested in signing up for membership, you need to go to marylandoutdoorclub.org and click on any of the "Join Now" buttons you'll find throughout the site. Signing up is a relatively short process and will save you time later on when you sign up for events and don't need to re-enter all of your information.

The MOC does not sell or share your personal information with any third-party.

MEMBERSHIP IS FREE!!!

Save a Tree

If you are done with this issue, please consider throwing it in your paper recycle bin instead of into a trash can.

Contact Newsletter Editor

We are looking for a Newsletter Editor! Do you have Adobe PageMaker experience/software, editorial and writing experience, organizational skills, meet deadlines, and are looking for something fun and creative to do in your spare time? Please contact Amy if interested!

Until the position is filled, I'll continue to try my best...

All comments, questions, and suggestions are welcome.

-Amy Pickwick
explorer@marylandoutdoorclub.org